

Benefits

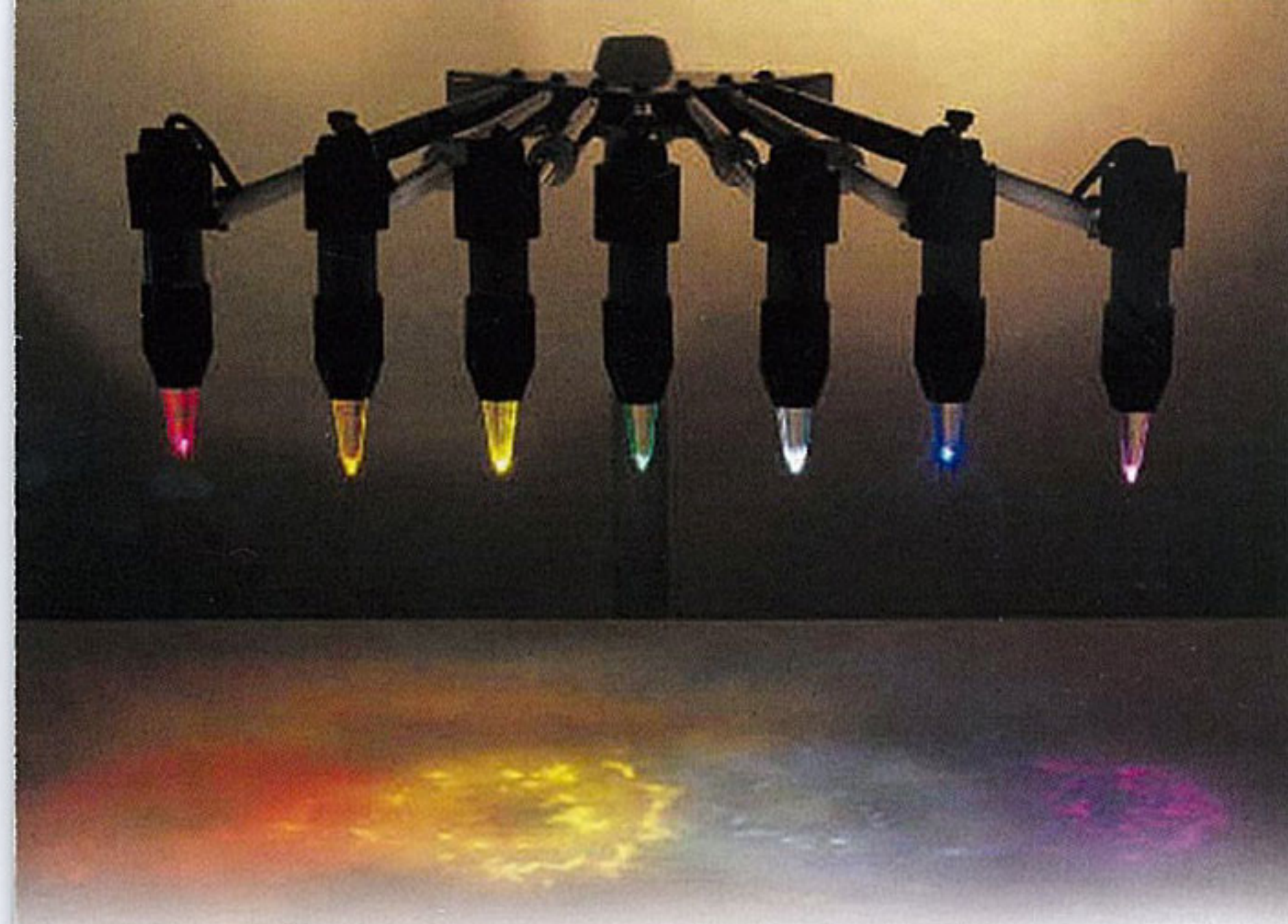
- Alignment, Cleansing & Balancing of the Chakras
- Rejuvenate your energy
- Raise your frequency
- Spiritual connection
- Mental / Emotional stress relief
- Recharges the body

Gains

- Clarity
- Healthier immune system
- Motivation
- Self expression
- Personal growth
- Happier
- Energetic



Just when the caterpillar thought the world was over ... It became a butterfly



Crystal Bed Healing Therapy

This healing modality has been brought with special permission from the world famous healer "John of God" to help people with many areas of healing.

It is safe and non-invasive. You lay quietly on a massage table and the Healing quartz crystals shine on the areas of the Chakras. Any healings you may be looking for is what you "hold in focus" for the time under the crystals or just rest and relax.

How this works:

The crystal bed has 7 clear and highly polished quartz crystals suspended approximately 12 to 18 inches above a massage table. It combines the power of colour with light and crystals.

By using this therapy the Chakras become open and balanced. They feed energy to your meridians. The meridians feed the energy to the nervous system and your organs. Thus the energy is spread to your whole body.

This healing energy radiates out through all your energy fields which then promotes deeper healing to take place.